

MA, 10 MRT	DI, 11 MRT	WO, 12 MRT	DO, 13 MRT	VR, 14 MRT	ZA, 15 MRT	ZO, 16 MRT
09:30 - 10:30 Yoga Group Classes Studio Joke Verkeyn	08:30 - 09:30 Core Group Classes Studio monika Slomska	09:30 - 10:30 INDOOR CYCLING CUBE (BE) Cycling Cube Peter Wille	09:30 - 10:30 BBB Group Classes Studio Faye Porteman	09:00 - 10:00 Les Mills Bodypump™ Group Classes Studio monika Slomska	10:00 - 11:00 Les Mills Bodypump™ Group Classes Studio Nicolas Van pottelberghe	09:30 - 10:30 Les Mills Bodypump™ Group Classes Studio monika Slomska
10:30 - 11:30 Pilates Group Classes Studio Marianne Van Wulpen	09:30 - 10:30 BBB Group Classes Studio Faye Porteman	10:00 - 11:00 Zumba® Group Classes Studio Faye Porteman	10:30 - 11:30 Yoga Group Classes Studio Joke Verkeyn	10:00 - 11:00 Core Group Classes Studio monika Slomska	10:30 - 11:30 Men's Strength Training (SGT) Fitness Floor Quinten Borrizee	10:00 - 11:00 Moving Moms (SGT) Fitness Floor Dylan Paul
12:30 - 13:30 Moving Moms (SGT) Fitness Floor Nina Dheft	18:00 - 19:00 Men's Strength Training (SGT) Fitness Floor Reinhart Colpaert	17:00 - 18:00 Pilates Group Classes Studio Marianne Van Wulpen	17:30 - 18:30 Yoga Fitness Floor Lene Van renterghem	10:00 - 11:00 INDOOR CYCLING CUBE (BE) Cycling Cube Nicolas Van pottelberghe	11:00 - 12:00 HIIT Group Classes Studio Tommy Baes	10:30 - 11:30 INDOOR CYCLING CUBE (BE) Cycling Cube Nicolas Van pottelberghe
18:30 - 19:30 Start To Workout (SGT) Fitness Floor Reinhart Colpaert	18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Filip Vandevelde	18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio monika Slomska	18:00 - 19:00 Moving Moms (SGT) Fitness Floor Nina Dheft	18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Nicolas Van pottelberghe		
18:30 - 19:30 The circle Group Classes Studio Tommy Baes	19:00 - 19:45 Healthy Back (SGT) Fitness Floor Quinten Borrizee	18:30 - 19:30 Mobility (SGT) Fitness Floor Dylan Paul	18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Nicolas Van pottelberghe			
19:30 - 20:30 Bokwa Group Classes Studio Faye Porteman	19:30 - 20:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Filip Vandevelde	19:30 - 20:30 Cardio Boxing Group Classes Studio Miguel Alejo Aguiso	19:30 - 20:30 INDOOR CYCLING CUBE (BE) Cycling Cube Nicolas Van pottelberghe			
19:30 - 20:30 Women's Strength Training (SGT) Fitness Floor Quinten Borrizee	19:30 - 20:30 STRONG Nation® Group Classes Studio Joke Goossens	19:30 - 20:30 Start To Workout (SGT) Fitness Floor Quinten Borrizee	19:30 - 20:30 STRONG Nation® Group Classes Studio Joke Goossens			
20:30 - 21:30 Zumba® Group Classes Studio Faye Porteman	20:30 - 21:30 Booty Group Classes Studio Joke Goossens		19:30 - 20:30 Women's Strength Training (SGT) Fitness Floor Dylan Paul			
			20:30 - 21:30 Jims Jump Group Classes Studio Joke Goossens			

MA, 17 MRT	DI, 18 MRT	WO, 19 MRT	DO, 20 MRT	VR, 21 MRT	ZA, 22 MRT	ZO, 23 MRT
<p>09:30 - 10:30 Yoga Group Classes Studio Joke Verkeyn</p>	<p>08:30 - 09:30 Core Group Classes Studio monika Slomska</p>	<p>09:30 - 10:30 INDOOR CYCLING CUBE (BE) Cycling Cube Peter Wille</p>	<p>09:30 - 10:30 BBB Group Classes Studio Faye Porteman</p>	<p>09:00 - 10:00 Les Mills Bodypump™ Group Classes Studio monika Slomska</p>	<p>10:00 - 11:00 Les Mills Bodypump™ Group Classes Studio Nicolas Van pottelberghe</p>	<p>09:30 - 10:30 Les Mills Bodypump™ Group Classes Studio monika Slomska</p>
<p>10:30 - 11:30 Pilates Group Classes Studio Marianne Van Wulpen</p>	<p>09:30 - 10:30 BBB Group Classes Studio Faye Porteman</p>	<p>10:00 - 11:00 Zumba® Group Classes Studio Faye Porteman</p>	<p>10:30 - 11:30 Yoga Group Classes Studio Joke Verkeyn</p>	<p>10:00 - 11:00 Core Group Classes Studio monika Slomska</p>	<p>10:30 - 11:30 Men's Strength Training (SGT) Fitness Floor Quinten Borrizee</p>	<p>10:00 - 11:00 Moving Moms (SGT) Fitness Floor Dylan Paul</p>
<p>18:30 - 19:30 Start To Workout (SGT) Fitness Floor Reinhart Colpaert</p>	<p>18:00 - 19:00 Men's Strength Training (SGT) Fitness Floor Reinhart Colpaert</p>	<p>17:00 - 18:00 Pilates Group Classes Studio Marianne Van Wulpen</p>	<p>17:30 - 18:30 Yoga Fitness Floor Lene Van renterghem</p>	<p>10:00 - 11:00 INDOOR CYCLING CUBE (BE) Cycling Cube Nicolas Van pottelberghe</p>	<p>11:00 - 12:00 HIIT Group Classes Studio Tommy Baes</p>	<p>10:30 - 11:30 INDOOR CYCLING CUBE (BE) Cycling Cube Nicolas Van pottelberghe</p>
<p>18:30 - 19:30 The circle Group Classes Studio Tommy Baes</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Filip Vandevelde</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio monika Slomska</p>	<p>18:00 - 19:00 Moving Moms (SGT) Fitness Floor Nina Dheft</p>			
<p>19:30 - 20:30 Bokwa Group Classes Studio Faye Porteman</p>	<p>19:00 - 19:45 Healthy Back (SGT) Fitness Floor Quinten Borrizee</p>	<p>18:30 - 19:30 Mobility (SGT) Fitness Floor Dylan Paul</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Nicolas Van pottelberghe</p>			
<p>19:30 - 20:30 Women's Strength Training (SGT) Fitness Floor Quinten Borrizee</p>	<p>19:30 - 20:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Filip Vandevelde</p>	<p>19:30 - 20:30 Cardio Boxing Group Classes Studio Miguel Alejo Aguiso</p>	<p>19:30 - 20:30 INDOOR CYCLING CUBE (BE) Cycling Cube Nicolas Van pottelberghe</p>			
<p>20:30 - 21:30 Zumba® Group Classes Studio Faye Porteman</p>	<p>19:30 - 20:30 STRONG Nation® Group Classes Studio Joke Goossens</p>	<p>19:30 - 20:30 Start To Workout (SGT) Fitness Floor Quinten Borrizee</p>	<p>19:30 - 20:30 STRONG Nation® Group Classes Studio Joke Goossens</p>			
	<p>20:30 - 21:30 Booty Group Classes Studio Joke Goossens</p>		<p>19:30 - 20:30 Women's Strength Training (SGT) Fitness Floor Dylan Paul</p>			
			<p>20:30 - 21:30 Jims Jump Group Classes Studio Joke Goossens</p>			