

MA, 10 MRT	DI, 11 MRT	WO, 12 MRT	DO, 13 MRT	VR, 14 MRT	ZA, 15 MRT	ZO, 16 MRT
10:00 - 11:00 <b>BBB</b> Group Classes Studio   Heidi Bloes	09:00 - 10:00 <b>Core</b> Group Classes Studio   Heidi Bloes	09:00 - 10:00 <b>Forever Fit (SGT)</b> Balie   Quentin Marey	09:00 - 10:00 <b>Total Body Conditioning</b> Group Classes Studio   Heidi Bloes	09:00 - 10:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Katelijne Goethals	09:30 - 10:30 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   Rudy Rycx	09:00 - 10:00 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   POLINA PAVLONA
10:00 - 11:00 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   Katelijne Goethals	17:30 - 18:30 <b>HIIT Boxing</b> Boxing Cube   Vanessa Clement	17:30 - 18:30 <b>Cardio boxing</b> Boxing Cube   Amber Vanparys	17:30 - 18:30 <b>Cardio boxing</b> Boxing Cube   Amber Vanparys	10:00 - 11:00 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   POLINA PAVLONA	10:30 - 11:00 <b>Dance</b> Group Classes Studio   Vanessa Clement	09:00 - 10:00 <b>Total Body Conditioning</b> Group Classes Studio   Pieter Decock
18:30 - 19:30 <b>Dance</b> Group Classes Studio   Vanessa Clement	18:30 - 19:30 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   Rudy Rycx	18:30 - 19:30 <b>BBB</b> Group Classes Studio   Vanessa Clement	17:30 - 18:30 <b>Cardio boxing</b>   Amber Vanparys	10:00 - 11:00 <b>Yoga</b> Group Classes Studio   RANI VEREECKE	11:00 - 11:30 <b>Les Mills Pilates™</b> Group Classes Studio   Vanessa Clement	10:00 - 11:00 <b>HIIT Boxing</b> Boxing Cube   Vanessa Clement
18:30 - 19:30 <b>HIIT Boxing</b> Boxing Cube   Amber Vanparys	18:30 - 19:15 <b>Les Mills Pilates™</b> Group Classes Studio   Lisa Piraux	18:30 - 19:30 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   POLINA PAVLONA	18:30 - 19:30 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   Rudy Rycx	17:30 - 18:30 <b>HIIT Boxing</b> Boxing Cube   Sandra Jedrzejewska		10:00 - 11:00 <b>Zumba®</b> Group Classes Studio   Mihaela David
18:30 - 19:30 <b>HIIT Boxing</b> Boxing Cube   Amber Vanparys	18:30 - 19:30 <b>Moving Moms (SGT)</b> Functional Zone   Quentin Marey	18:30 - 19:30 <b>Men's Strength Training (SGT)</b> Balie   Jolan Allein	19:30 - 20:30 <b>HIIT Boxing</b> Boxing Cube   Amber Vanparys	18:30 - 19:30 <b>Step</b> Group Classes Studio   Vanessa Clement		11:00 - 12:00 <b>Burn</b> Group Classes Studio   Vanessa Clement
18:30 - 19:15 <b>Squat Bench Deadlift (SGT)</b> Fitness Floor   Jolan Allein	19:30 - 20:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Lisa Piraux	19:30 - 20:30 <b>Core</b> Group Classes Studio   Heidi Bloes	19:30 - 20:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Lisa Piraux			
19:30 - 20:30 <b>Start To Workout (SGT)</b> Balie   Jolan Allein	19:30 - 20:30 <b>Women's Strength Training (SGT)</b> Balie   Jolan Allein	19:30 - 20:30 <b>Start To Workout (SGT)</b> Balie   Caitlin Zwertwaegher	19:30 - 20:30 <b>Women's Strength Training (SGT)</b> Balie   Caitlin Zwertwaegher			
19:30 - 20:30 <b>Total Body Conditioning</b> Group Classes Studio   Pieter Decock		19:30 - 20:30 <b>Yoga</b> Group Classes Studio   Lien Hubert				
20:30 - 21:30 <b>COACH BY COLOR®</b> <b>Cycling Cube (BE)</b> Cycling Cube   Pieter Decock						

MA, 17 MRT	DI, 18 MRT	WO, 19 MRT	DO, 20 MRT	VR, 21 MRT	ZA, 22 MRT	ZO, 23 MRT
<p>10:00 - 11:00 <b>BBB</b> Group Classes Studio   Nora Dousselaere</p>	<p>09:00 - 10:00 <b>Core</b> Group Classes Studio   Heidi Bloes</p>	<p>17:30 - 18:30 <b>Cardio boxing</b> Boxing Cube   Lien Hubert</p>	<p>09:00 - 10:00 <b>Total Body Conditioning</b> Group Classes Studio   Heidi Bloes</p>	<p>09:00 - 10:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Katelijne Goethals</p>	<p>09:30 - 10:30 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   Rudy Rycx</p>	<p>09:00 - 10:00 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   POLINA PAVLONA</p>
<p>10:00 - 11:00 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   Katelijne Goethals</p>	<p>17:30 - 18:30 <b>HIIT Boxing</b> Boxing Cube   Vanessa Clement</p>	<p>18:30 - 19:30 <b>BBB</b> Group Classes Studio   Vanessa Clement</p>	<p>17:30 - 18:30 <b>Cardio boxing</b> Boxing Cube   Lien Hubert</p>	<p>10:00 - 11:00 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   POLINA PAVLONA</p>	<p>10:30 - 11:00 <b>Dance</b> Group Classes Studio   Vanessa Clement</p>	<p>10:00 - 11:00 <b>HIIT Boxing</b> Boxing Cube   Vanessa Clement</p>
<p>18:30 - 19:30 <b>Dance</b> Group Classes Studio   Vanessa Clement</p>	<p>18:30 - 19:15 <b>Les Mills Pilates™</b> Group Classes Studio   Lisa Piraux</p>	<p>18:30 - 19:30 <b>Men's Strength Training (SGT)</b> Balie   Johan Allein</p>	<p>18:30 - 19:30 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   Rudy Rycx</p>	<p>10:00 - 11:00 <b>Yoga</b> Group Classes Studio   RANI VEREECKE</p>	<p>11:00 - 11:30 <b>Les Mills Pilates™</b> Group Classes Studio   Vanessa Clement</p>	<p>10:00 - 11:00 <b>Zumba®</b> Group Classes Studio   Mihaela David</p>
<p>18:30 - 19:30 <b>HIIT Boxing</b> Boxing Cube   Amber Vanparys</p>	<p>19:30 - 20:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Lisa Piraux</p>	<p>19:30 - 20:30 <b>Start To Workout (SGT)</b> Balie   Caitlin Zwertwaegher</p>	<p>19:30 - 20:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Lisa Piraux</p>	<p>17:30 - 18:30 <b>HIIT Boxing</b> Boxing Cube   Sandra Jedrzejska</p>	<p>11:00 - 12:00 <b>Burn</b> Group Classes Studio   Vanessa Clement</p>	
<p>18:30 - 19:15 <b>Squat Bench Deadlift (SGT)</b> Fitness Floor   Johan Allein</p>	<p>19:30 - 20:30 <b>Women's Strength Training (SGT)</b> Balie   Johan Allein</p>	<p>19:30 - 20:30 <b>Yoga</b> Group Classes Studio   Lien Hubert</p>	<p>19:30 - 20:30 <b>Women's Strength Training (SGT)</b> Balie   Caitlin Zwertwaegher</p>	<p>18:30 - 19:30 <b>Step</b> Group Classes Studio   Vanessa Clement</p>		
<p>19:30 - 20:30 <b>Start To Workout (SGT)</b> Balie   Johan Allein</p>						
<p>19:30 - 20:30 <b>Total Body Conditioning</b> Group Classes Studio   Pieter Decock</p>						
<p>20:00 - 21:00 <b>COACH BY COLOR®</b> <b>Cycling Cube (BE)</b> Cycling Cube   Pieter Decock</p>						