

MA, 03 FEB	DI, 04 FEB	WO, 05 FEB	DO, 06 FEB	VR, 07 FEB	ZA, 08 FEB	ZO, 09 FEB
<p>18:00 - 19:00 Moving Moms (SGT) Fitness Floor Britt Rens</p>	<p>18:30 - 19:30 XCORE® Group Classes Studio Jennifer Cassiman</p>	<p>10:00 - 11:00 Yoga Group Classes Studio Nadejda Poleshyk</p>	<p>18:30 - 19:30 BRN® Group Classes Studio Evi De herdt</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Jennifer Cassiman</p>	<p>10:00 - 11:00 BRN® Group Classes Studio Jennifer Cassiman</p>	<p>09:15 - 10:00 BOXING CUBE (BE) Boxing Cube Isy De Quint</p>
<p>18:30 - 19:30 Kickboxing Boxing Cube Siham Yachou</p>	<p>19:30 - 20:30 BOXING CUBE (BE) Boxing Cube Isy De Quint</p>	<p>18:00 - 19:00 Crosstraining Functional Zone Pia Duwaerts</p>	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Jims Wilrijk</p>		<p>11:30 - 12:30 Yoga Group Classes Studio Nadejda Poleshyk</p>	<p>09:15 - 10:15 XCORE® Group Classes Studio Jennifer Cassiman</p>
<p>19:00 - 20:00 Crosstraining Functional Zone Pia Duwaerts</p>	<p>19:30 - 20:30 Start To Workout (SGT) Fitness Floor Jims Wilrijk</p>	<p>18:00 - 18:45 Weight Loss (SGT) Fitness Floor Jims Wilrijk</p>	<p>19:30 - 20:30 BOXING CUBE (BE) Boxing Cube Isy De Quint</p>			<p>10:15 - 11:15 Les Mills Bodypump™ Group Classes Studio Jennifer Cassiman</p>
<p>19:00 - 20:00 Sculpt Group Classes Studio Naomi Schollaert</p>	<p>19:30 - 20:30 Zumba® Group Classes Studio Naomi Schollaert</p>	<p>18:30 - 19:30 Kickboxing Boxing Cube Siham Yachou</p>	<p>19:30 - 20:30 Pilates Group Classes Studio Evi De herdt</p>			
<p>20:00 - 21:00 Pilates Group Classes Studio Naomi Schollaert</p>	<p>20:30 - 21:30 HIIT Boxing Boxing Cube Isy De Quint</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Daniel Jorge Pires</p>				
<p>20:15 - 21:15 HIIT Boxing Boxing Cube Pia Duwaerts</p>		<p>19:00 - 20:00 Women's Strength Training (SGT) Fitness Floor Jims Wilrijk</p>				
		<p>20:15 - 21:15 Les Mills Core™ Group Classes Studio Daniel Jorge Pires</p>				

MA, 10 FEB	DI, 11 FEB	WO, 12 FEB	DO, 13 FEB	VR, 14 FEB	ZA, 15 FEB	ZO, 16 FEB
<p>18:00 - 19:00 Moving Moms (SGT) Fitness Floor Britt Rens</p>	<p>18:30 - 19:30 XCORE® Group Classes Studio Jennifer Cassiman</p>	<p>10:00 - 11:00 Yoga Group Classes Studio Nadejda Poleshyk</p>	<p>18:30 - 19:30 BRN® Group Classes Studio Evi De herdt</p>	<p>16:00 - 17:00 Women's Strength Training (SGT) Fitness Floor Jims Wilrijk</p>	<p>10:00 - 11:00 BRN® Group Classes Studio Jennifer Cassiman</p>	<p>09:15 - 10:00 BOXING CUBE (BE) Boxing Cube Isy De Quint</p>
<p>18:30 - 19:30 Kickboxing Boxing Cube Siham Yachou</p>	<p>19:30 - 20:30 BOXING CUBE (BE) Boxing Cube Isy De Quint</p>	<p>18:00 - 19:00 Crosstraining Functional Zone Pia Duwaerts</p>	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Jims Wilrijk</p>		<p>11:30 - 12:30 Yoga Group Classes Studio Nadejda Poleshyk</p>	<p>09:15 - 10:15 XCORE® Group Classes Studio Jennifer Cassiman</p>
<p>19:00 - 20:00 Crosstraining Functional Zone Pia Duwaerts</p>	<p>19:30 - 20:30 Start To Workout (SGT) Fitness Floor Jims Wilrijk</p>	<p>18:00 - 18:45 Weight Loss (SGT) Fitness Floor Jims Wilrijk</p>	<p>19:30 - 20:30 BOXING CUBE (BE) Boxing Cube Isy De Quint</p>			<p>10:15 - 11:15 Les Mills Bodypump™ Group Classes Studio Jennifer Cassiman</p>
<p>19:00 - 20:00 Sculpt Group Classes Studio Naomi Schollaert</p>	<p>19:30 - 20:30 Zumba® Group Classes Studio Naomi Schollaert</p>	<p>18:30 - 19:30 Kickboxing Boxing Cube Siham Yachou</p>	<p>19:30 - 20:30 Pilates Group Classes Studio Evi De herdt</p>			
<p>20:00 - 21:00 Pilates Group Classes Studio Naomi Schollaert</p>	<p>20:30 - 21:30 HIIT Boxing Boxing Cube Isy De Quint</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Jennifer Cassiman</p>				
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