

MA, 03 FEB	DI, 04 FEB	WO, 05 FEB	DO, 06 FEB	VR, 07 FEB	ZA, 08 FEB	ZO, 09 FEB
<p>12:30 - 13:30 Core Functional Zone Candice Fagel</p>	<p>12:45 - 13:30 Pilates Group Classes Studio Nanou Cannone</p>	<p>12:30 - 13:30 Animal Flow Group Classes Studio Stephan Giunta</p>	<p>12:30 - 13:15 Crosstraining Functional Zone Candice Fagel</p>	<p>12:30 - 13:15 Pilates Group Classes Studio Nanou Cannone</p>	<p>10:30 - 11:30 Crosstraining Functional Zone Jessica Vanlaer</p>	<p>11:00 - 12:00 TAF Group Classes Studio Laura Rodriguez</p>
<p>18:00 - 19:00 Women's Strength Training (SGT) Functional Zone Mimoun Harakat</p>	<p>17:30 - 18:30 Men's Strength Training (SGT) Functional Zone Marie Lennertz</p>	<p>12:30 - 13:15 HIIT Functional Zone Anouar Kassas</p>	<p>17:00 - 17:45 Squat Bench Deadlift (SGT) Fitness Floor Marie Lennertz</p>	<p>18:30 - 19:30 TAF Group Classes Studio Laura Rodriguez</p>	<p>10:30 - 11:30 Les Mills Bodypump™ Group Classes Studio Nicole Van staen</p>	<p>12:00 - 13:00 HIIT Functional Zone Anouar Kassas</p>
<p>18:30 - 19:30 Crosstraining Functional Zone Phili Lombala</p>	<p>18:30 - 19:30 Indoor Cycling Cycling Studio Meriem El ouadghiri Iafchouch</p>	<p>17:00 - 18:00 Moving Moms (SGT) Functional Zone Omer Ganza</p>	<p>17:30 - 18:30 Sculpt Group Classes Studio</p>	<p>18:30 - 19:30 Dance Group Classes Studio Nassira Assahraoui</p>	<p>11:30 - 12:30 Dance Group Classes Studio Nassira Assahraoui</p>	<p>12:00 - 13:00 Mobility (SGT) Group Classes Studio Laura Rodriguez</p>
<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Deborah Noel</p>	<p>18:30 - 19:30 Women's Strength Training (SGT) Functional Zone Mimoun Harakat</p>	<p>18:00 - 19:00 Start To Workout (SGT) Functional Zone Omer Ganza</p>	<p>18:00 - 19:00 Moving Moms (SGT) Functional Zone Marie Lennertz</p>	<p>12:30 - 13:30 Yoga Group Classes Studio</p>		
<p>19:00 - 20:00 Start To Workout (SGT) Functional Zone Kevin Saint-just</p>	<p>18:30 - 19:30 Zumba® Group Classes Studio Aurelie Tuli</p>	<p>18:30 - 19:30 Crosstraining Functional Zone Maureen Overbergh</p>	<p>18:30 - 19:30 Indoor Cycling Cycling Studio Joao Ferreira</p>			
<p>19:30 - 20:30 HIIT Boxing Group Classes Studio Kadima Kabangu</p>	<p>19:30 - 20:30 Crosstraining Functional Zone Anouar Kassas</p>	<p>18:30 - 19:30 Les Mills Bodyattack™ Group Classes Studio Alexis Dartevelle</p>	<p>18:30 - 19:30 Pilates Group Classes Studio</p>	<p>19:00 - 20:00 Start To Workout (SGT) Functional Zone Kevin Saint-just</p>		
<p>19:30 - 20:30 Indoor Cycling Cycling Studio Phili Lombala</p>	<p>19:30 - 20:30 TAF Group Classes Studio Kadima Kabangu</p>	<p>19:30 - 20:30 Crosstraining Functional Zone Maureen Overbergh</p>	<p>19:30 - 20:30 Crosstraining Functional Zone Anouar Kassas</p>			
		<p>19:30 - 20:30 Indoor Cycling Cycling Studio Alix Pairoux</p>	<p>19:30 - 20:30 Yoga Group Classes Studio Maya Alvini</p>			

MA, 10 FEB	DI, 11 FEB	WO, 12 FEB	DO, 13 FEB	VR, 14 FEB	ZA, 15 FEB	ZO, 16 FEB
12:30 - 13:30 Core Functional Zone Candice Fagel	12:45 - 13:30 Pilates Group Classes Studio Nanou Cannone	12:30 - 13:30 Animal Flow Group Classes Studio Stephan Giunta	12:30 - 13:15 Crosstraining Functional Zone Candice Fagel	12:30 - 13:15 Pilates Group Classes Studio Nanou Cannone	10:30 - 11:30 Crosstraining Functional Zone Jessica Vanlaer	11:00 - 12:00 TAF Group Classes Studio Laura Rodriguez
18:00 - 19:00 Women's Strength Training (SGT) Functional Zone Mimoun Harakat	17:30 - 18:30 Men's Strength Training (SGT) Functional Zone Marie Lennertz	12:30 - 13:15 HIIT Functional Zone Anouar Kassas	17:00 - 17:45 Squat Bench Deadlift (SGT) Fitness Floor Marie Lennertz	18:30 - 19:30 TAF Group Classes Studio Laura Rodriguez	10:30 - 11:30 Les Mills Bodypump™ Group Classes Studio Nicole Van staen	12:00 - 13:00 HIIT Functional Zone Anouar Kassas
18:30 - 19:30 Crosstraining Functional Zone Phili Lombala	18:30 - 19:30 Indoor Cycling Cycling Studio Meriem El ouadghiri Iafchouch	17:00 - 18:00 Moving Moms (SGT) Functional Zone Omer Ganza	17:30 - 18:30 Sculpt Group Classes Studio	18:00 - 19:00 Moving Moms (SGT) Functional Zone Marie Lennertz	11:30 - 12:30 Dance Group Classes Studio Nassira Assahraoui	12:00 - 13:00 Mobility (SGT) Group Classes Studio Laura Rodriguez
18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Deborah Noel	18:30 - 19:30 Women's Strength Training (SGT) Functional Zone Mimoun Harakat	18:00 - 19:00 Start To Workout (SGT) Functional Zone Omer Ganza	18:00 - 19:00 Moving Moms (SGT) Functional Zone Marie Lennertz	18:30 - 19:30 Indoor Cycling Cycling Studio Joao Ferreira	12:30 - 13:30 Yoga Group Classes Studio	
19:00 - 20:00 Start To Workout (SGT) Functional Zone Kevin Saint-just	18:30 - 19:30 Zumba® Group Classes Studio Aurelie Tuli	18:30 - 19:30 Crosstraining Functional Zone Maureen Overbergh	18:30 - 19:30 Indoor Cycling Cycling Studio Joao Ferreira	18:30 - 19:30 Pilates Group Classes Studio		
19:30 - 20:30 HIIT Boxing Group Classes Studio Kadima Kabangu	19:30 - 20:30 Crosstraining Functional Zone Anouar Kassas	18:30 - 19:30 Les Mills Bodyattack™ Group Classes Studio Alexis Dartevelle	19:00 - 20:00 Start To Workout (SGT) Functional Zone Kevin Saint-just	19:30 - 19:30 Indoor Cycling Cycling Studio Joao Ferreira		
19:30 - 20:30 Indoor Cycling Cycling Studio Phili Lombala	19:30 - 20:30 TAF Group Classes Studio Kadima Kabangu	19:30 - 20:30 Crosstraining Functional Zone Maureen Overbergh	19:30 - 20:30 Start To Workout (SGT) Functional Zone Kevin Saint-just	18:30 - 19:30 Pilates Group Classes Studio		
		19:30 - 20:30 Indoor Cycling Cycling Studio Alix Pairoux	19:30 - 20:30 Crosstraining Functional Zone Anouar Kassas			
		19:30 - 20:30 Yoga Group Classes Studio Maya Alvini				