

MA, 03 FEB	DI, 04 FEB	WO, 05 FEB	DO, 06 FEB	VR, 07 FEB	ZA, 08 FEB	ZO, 09 FEB
09:30 - 10:00 Core Functional Zone Olivier Brel	09:30 - 10:00 Core Functional Zone Olivier Brel	09:30 - 10:00 Core Functional Zone Olivier Brel	09:30 - 10:00 Core Functional Zone Olivier Brel	09:30 - 10:00 Core Functional Zone Olivier Brel	11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Laurence Verbeelen	11:00 - 12:00 BOXING CUBE (BE) Boxing Cube Kiki François
10:00 - 11:00 Dance Group Classes Studio Kaoutar Bernoussi	17:00 - 18:00 BOXING CUBE (BE) Boxing Cube Hafed Houli	13:00 - 14:00 Start To Workout (SGT) Functional Zone Olivier Brel	17:00 - 18:00 Women Boxing Boxing Cube Hafed Houli	18:00 - 19:00 BRN® Group Classes Studio Laurence Verbeelen	12:00 - 13:00 Les Mills Bodyattack™ Laurence Verbeelen	11:00 - 12:00 UBOUND® Group Classes Studio Ana Silveiro
13:00 - 14:00 Start To Workout (SGT) Fitness Floor Olivier Brel	18:00 - 19:00 BOXING CUBE (BE) Boxing Cube Hafed Houli	18:00 - 19:00 Kickboxing Boxing Cube	18:00 - 19:00 BOXING CUBE (BE) Boxing Cube Hafed Houli	18:00 - 19:00 Kickboxing Boxing Cube		12:00 - 13:00 Crosstraining Functional Zone Laurence Verbeelen
17:00 - 18:00 Women Boxing Boxing Cube Hafed Houli	18:00 - 19:00 TAF Group Classes Studio Said Bah	18:00 - 19:00 Squat Bench Deadlift (SGT) Fitness Floor Said Bah	18:00 - 19:00 Crosstraining Functional Zone Said Bah	19:00 - 20:00 HIIT Boxing Boxing Cube Thomas ASVESTARIS	19:00 - 20:00 HIIT Boxing Boxing Cube Thomas ASVESTARIS	
18:00 - 19:00 BOXING CUBE (BE) Boxing Cube Hafed Houli	19:00 - 20:00 BOXING CUBE (BE) Boxing Cube Hafed Houli	19:00 - 20:00 HIIT Boxing Boxing Cube Thomas ASVESTARIS	18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Abdessamad Ghouti	19:00 - 20:00 Yoga Group Classes Studio Kaoutar Bernoussi		
18:00 - 19:00 Les Mills Bodyattack™ Group Classes Studio Laurence Verbeelen	19:00 - 20:00 Crosstraining Functional Zone Laurence Verbeelen	19:00 - 20:00 UBOUND® Group Classes Studio Ana Silveiro	19:00 - 20:00 BOXING CUBE (BE) Boxing Cube Hafed Houli			
18:00 - 19:00 Start To Workout (SGT) Fitness Floor Philippe N'Dah	19:00 - 20:00 Mobility (SGT) Group Classes Studio Jonathan Martin	19:00 - 20:00 Women's Strength Training (SGT) Functional Zone Jonathan Martin	19:00 - 20:00 Conditionnement (SGT) Functional Zone Philippe N'Dah			
19:00 - 20:00 BOXING CUBE (BE) Boxing Cube Hafed Houli	20:00 - 21:00 BRN® Group Classes Studio Laurence Verbeelen	20:00 - 21:00 Pilates Group Classes Studio Kaoutar Bernoussi	19:00 - 20:00 TAF Group Classes Studio Abdessamad Ghouti			
19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Laurence Verbeelen	20:00 - 21:00 Women Boxing Boxing Cube Hafed Houli		20:00 - 21:00 BOXING CUBE (BE) Boxing Cube Hafed Houli			
19:00 - 20:00 Women's Strength Training (SGT) Fitness Floor Philippe N'Dah						
20:00 - 21:00 BOXING CUBE (BE) Boxing Cube Hafed Houli						
20:00 - 21:00 Yoga Group Classes Studio Kenia Bento dos reis						

MA, 10 FEB	DI, 11 FEB	WO, 12 FEB	DO, 13 FEB	VR, 14 FEB	ZA, 15 FEB	ZO, 16 FEB
09:30 - 10:00 Core Functional Zone Olivier Brel	09:30 - 10:00 Core Functional Zone Olivier Brel	09:30 - 10:00 Core Functional Zone Olivier Brel	09:30 - 10:00 Core Functional Zone Olivier Brel	09:30 - 10:00 Core Functional Zone Olivier Brel	11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Laurence Verbeelen	11:00 - 12:00 BOXING CUBE (BE) Boxing Cube Kiki François
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