

MA, 03 FEB	DI, 04 FEB	WO, 05 FEB	DO, 06 FEB	VR, 07 FEB	ZA, 08 FEB	ZO, 09 FEB
<p>07:30 - 08:30 Yoga Group Classes Studio Kenia Bento dos reis</p>	<p>08:30 - 09:00 Core Functional Zone Jims Louise</p>	<p>10:00 - 10:30 Core Functional Zone Jims Louise</p>	<p>08:30 - 09:00 Core Functional Zone Jims Louise</p>	<p>10:00 - 10:30 Core Functional Zone Jims Louise</p>	<p>10:00 - 11:00 TAF Group Classes Studio Nancy Henry</p>	<p>10:00 - 11:00 Boxing Jims Louise</p>
<p>10:00 - 10:30 Core Functional Zone Jims Louise</p>	<p>12:15 - 13:15 Women's Strength Training (SGT) Functional Zone Jims Louise</p>	<p>12:15 - 13:15 Start To Workout (SGT) Functional Zone Jims Louise</p>	<p>12:15 - 13:15 Women's Strength Training (SGT) Functional Zone Jims Louise</p>	<p>18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Marie-sophie Rousseau, Yannick Gozo, Nicole Van staen</p>	<p>11:00 - 12:00 Crosstraining Functional Zone Nancy Henry</p>	<p>11:00 - 12:00 HIIT Group Classes Studio Jims Louise</p>
<p>17:00 - 18:00 Start To Workout (SGT) Functional Zone Jims Louise</p>	<p>17:00 - 17:45 Squat Bench Deadlift (SGT) Functional Zone Jims Louise</p>	<p>12:15 - 13:15 TAF Group Classes Studio Jims Louise</p>	<p>18:00 - 19:00 Sculpt Group Classes Studio Mohameth Diouf</p>	<p>19:00 - 20:00 Jims Jump Group Classes Studio Marie-sophie Rousseau</p>	<p>12:00 - 13:00 Les Mills Bodypump™ Group Classes Studio Yannick Gozo, Nicole Van staen, Marie-sophie Rousseau</p>	<p>12:00 - 13:00 Pilates Group Classes Studio Kenia Bento dos reis</p>
<p>18:00 - 19:00 Pilates Group Classes Studio Kenia Bento dos reis</p>	<p>18:00 - 19:00 TAF Group Classes Studio Jims Louise</p>	<p>17:00 - 18:00 Women's Strength Training (SGT) Functional Zone Jims Louise</p>	<p>19:00 - 20:00 Boxing Group Classes Studio Jims Louise</p>	<p>19:00 - 20:00 Boxing Jims Louise</p>	<p>13:00 - 14:00 Yoga Group Classes Studio Emmanuelle Perrichon</p>	
<p>18:00 - 18:45 Squat Bench Deadlift (SGT) Functional Zone Jims Louise</p>	<p>18:00 - 19:00 Women's Strength Training (SGT) Functional Zone Jims Louise</p>	<p>18:00 - 19:00 Start To Workout (SGT) Functional Zone Jims Louise</p>	<p>19:00 - 20:00 Boxing Jims Louise</p>	<p>19:00 - 20:00 Crosstraining Functional Zone Mohameth Diouf</p>		
<p>19:00 - 20:00 Crosstraining Functional Zone Mohameth Diouf</p>	<p>19:00 - 20:00 Crosstraining Functional Zone Benjamin Bresseleers</p>	<p>18:00 - 19:00 Yoga Group Classes Studio Emmanuelle Perrichon</p>	<p>19:00 - 20:00 Yoga Group Classes Studio Emmanuelle Perrichon</p>			
<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Yannick Gozo</p>	<p>19:00 - 20:00 Start To Workout (SGT) Functional Zone Jims Louise</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Yannick Gozo, Nicole Van staen, Marie-sophie Rousseau</p>	<p>19:00 - 20:00 Crosstraining Functional Zone Mohameth Diouf</p>			
<p>19:00 - 20:00 Women's Strength Training (SGT) Functional Zone Jims Louise</p>	<p>19:00 - 20:00 Zumba® Group Classes Studio Esmeralda Labye</p>	<p>19:00 - 19:45 Squat Bench Deadlift (SGT) Functional Zone Jims Louise</p>	<p>19:15 - 20:15 Crosstraining Functional Zone Jims Louise</p>			

MA, 10 FEB	DI, 11 FEB	WO, 12 FEB	DO, 13 FEB	VR, 14 FEB	ZA, 15 FEB	ZO, 16 FEB
<p>07:30 - 08:30 Yoga Group Classes Studio Kenia Bento dos reis</p>	<p>08:30 - 09:30 Core Functional Zone Jims Louise</p>	<p>10:00 - 11:00 Core Functional Zone Jims Louise</p>	<p>08:30 - 09:30 Core Functional Zone Jims Louise</p>	<p>10:00 - 11:00 Core Functional Zone Jims Louise</p>	<p>10:00 - 11:00 TAF Group Classes Studio Nancy Henry</p>	<p>10:00 - 11:00 Boxing Jims Louise</p>
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