

MA, 27 JAN	DI, 28 JAN	WO, 29 JAN	DO, 30 JAN	VR, 31 JAN	ZA, 01 FEB	ZO, 02 FEB
<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor David Pogosian</p> <p>18:00 - 19:00 Crosstraining Functional Zone Prisca Sacco</p> <p>18:00 - 20:00 GX SPECIAL (BE) Functional Zone Christina Pisa, Prisca Sacco, Amelie Piras, Charlene Goffoy, Arnaud Vincent</p> <p>18:00 - 19:00 Zumba® Group Classes Studio Sabrye Unda</p> <p>19:00 - 20:00 Moving Moms (SGT) Fitness Floor Prisca Sacco</p> <p>19:00 - 20:00 TAF Group Classes Studio Christina Pisa</p> <p>19:00 - 20:00 Women's Strength Training (SGT) Functional Zone David Pogosian</p> <p>20:00 - 21:00 Yoga Group Classes Studio Christina Pisa</p>	<p>17:00 - 18:00 Squat Bench Deadlift (SGT) Fitness Floor David Pogosian, Remy Katzenberg</p> <p>18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Prisca Sacco</p> <p>18:00 - 19:00 Strongman Functional Zone Remy Katzenberg</p> <p>19:00 - 20:00 HIIT Group Classes Studio Charlene Goffoy</p> <p>20:00 - 21:00 Mobility (SGT) Functional Zone Remy Katzenberg</p>	<p>18:00 - 19:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Amelie Piras, Arnaud Vincent</p> <p>18:00 - 19:00 Moving Moms (SGT) Fitness Floor David Pogosian</p> <p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Remy Katzenberg</p> <p>19:00 - 19:45 Conditionnement (SGT) Functional Zone Remy Katzenberg</p> <p>19:00 - 20:00 Sculpt Group Classes Studio Charlene Goffoy</p> <p>20:00 - 21:00 Pilates Group Classes Studio Amelie Piras</p> <p>20:00 - 21:00 Women's Strength Training (SGT) Fitness Floor Aurélie Lanssens</p>	<p>18:00 - 19:00 HIIT Functional Zone Charlene Goffoy</p> <p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Laura Wahlin</p> <p>20:00 - 21:00 Yoga Group Classes Studio Laura Wahlin</p> <p>20:00 - 21:00 Yoga Group Classes Studio Laura Wahlin</p>	<p>17:00 - 18:00 Sculpt Group Classes Studio Charlene Goffoy</p> <p>18:00 - 19:00 Crosstraining Functional Zone Amelie Piras</p> <p>19:00 - 20:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Amelie Piras, Arnaud Vincent</p>	<p>11:00 - 12:00 TAF Group Classes Studio Mike Menna</p> <p>10:00 - 11:00 Les Mills Bodypump™ Group Classes Studio Amelie Piras</p> <p>11:00 - 12:00 Yoga Group Classes Studio Amelie Piras</p>	

MA, 03 FEB	DI, 04 FEB	WO, 05 FEB	DO, 06 FEB	VR, 07 FEB	ZA, 08 FEB	ZO, 09 FEB
<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor David Pogosian</p> <p>18:00 - 19:00 Crosstraining Functional Zone Prisca Sacco</p> <p>18:00 - 19:00 Zumba® Group Classes Studio Sabrye Unda</p> <p>19:00 - 20:00 Moving Moms (SGT) Fitness Floor Prisca Sacco</p> <p>19:00 - 20:00 TAF Group Classes Studio Christina Pisa</p> <p>19:00 - 20:00 Women's Strength Training (SGT) Functional Zone Remy Katzenberg</p> <p>20:00 - 21:00 Yoga Group Classes Studio Christina Pisa</p>	<p>17:00 - 18:00 Squat Bench Deadlift (SGT) Fitness Floor David Pogosian, Remy Katzenberg</p> <p>18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Prisca Sacco</p> <p>18:00 - 19:00 Strongman Functional Zone Remy Katzenberg</p> <p>19:00 - 20:00 HIIT Group Classes Studio Charlene Goffoy</p> <p>20:00 - 21:00 Mobility (SGT) Functional Zone Remy Katzenberg</p>	<p>18:00 - 19:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Amelie Piras, Arnaud Vincent</p> <p>18:00 - 19:00 Moving Moms (SGT) Fitness Floor David Pogosian</p> <p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Remy Katzenberg</p> <p>19:00 - 19:45 Conditionnement (SGT) Functional Zone Remy Katzenberg</p> <p>19:00 - 20:00 Sculpt Group Classes Studio Charlene Goffoy</p> <p>20:00 - 21:00 Pilates Group Classes Studio Amelie Piras</p> <p>20:00 - 21:00 Women's Strength Training (SGT) Fitness Floor Aurélie Lanssens</p>	<p>18:00 - 19:00 HIIT Functional Zone Charlene Goffoy</p> <p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Laura Wahlin</p> <p>20:00 - 21:00 Yoga Group Classes Studio Laura Wahlin</p>	<p>17:00 - 18:00 Sculpt Group Classes Studio Charlene Goffoy</p> <p>18:00 - 19:00 Crosstraining Functional Zone Amelie Piras</p> <p>19:00 - 20:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Amelie Piras, Arnaud Vincent</p>	<p>11:00 - 12:00 TAF Group Classes Studio Mike Menna</p>	<p>10:00 - 11:00 Les Mills Bodypump™ Group Classes Studio Amelie Piras</p> <p>11:00 - 12:00 Yoga Group Classes Studio Amelie Piras</p>