

MA, 10 MRT	DI, 11 MRT	WO, 12 MRT	DO, 13 MRT	VR, 14 MRT	ZA, 15 MRT	ZO, 16 MRT
<p>07:30 - 08:15 Core Functional Zone Guillaume Dussart</p>	<p>07:30 - 08:30 Yoga Group Classes Studio Maya Alvini</p>	<p>12:15 - 13:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Julie Cooremans</p>	<p>12:00 - 13:00 Moving Moms (SGT) Functional Zone Esther Fischbach</p>	<p>09:00 - 10:00 Yoga Group Classes Studio Floriana Palmieri</p>	<p>10:30 - 11:15 Core Functional Zone David Todero</p>	<p>10:00 - 11:00 Burn Functional Zone Julie Cooremans</p>
<p>12:00 - 13:00 Women's Strength Training (SGT) Jlms Auderghem</p>	<p>12:15 - 13:15 Kick Group Classes Studio Nathalie Berrettoni</p>	<p>12:15 - 13:15 Women's Strength Training (SGT) Jlms Auderghem</p>	<p>17:30 - 18:30 Kick Group Classes Studio Nathalie Berrettoni</p>	<p>12:15 - 13:15 Animal Flow Functional Zone Stephan Giunta</p>	<p>10:30 - 11:30 Yoga Group Classes Studio Maya Alvini</p>	<p>11:05 - 12:05 Mobility (SGT) Group Classes Studio Julie Cooremans</p>
<p>12:15 - 13:00 Healthy Back (SGT) Functional Zone Weronika Wisniewska</p>	<p>17:15 - 18:00 Burn Functional Zone Guillaume Dussart</p>	<p>18:00 - 19:00 Women's Strength Training (SGT) Functional Zone Esther Fischbach</p>	<p>18:00 - 18:45 Weight Loss (SGT) Functional Zone Kévin De Wachter</p>	<p>12:15 - 13:15 Pilates Group Classes Studio Celine Senay</p>	<p>11:30 - 12:30 Crosstraining Functional Zone David Todero</p>	<p>12:10 - 13:10 Zumba® Group Classes Studio Aurelie Tuli</p>
<p>18:00 - 19:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Jlms Auderghem</p>	<p>18:00 - 18:45 Core Functional Zone Julie Cooremans</p>	<p>18:00 - 19:00 Yoga Group Classes Studio Maya Alvini</p>	<p>18:30 - 19:30 Animal Flow Group Classes Studio Stephan Giunta</p>	<p>19:00 - 20:00 Moving Moms (SGT) Functional Zone Weronika Wisniewska</p>	<p>19:00 - 19:45 Weight Loss (SGT) Functional Zone Kévin De Wachter</p>	<p>13:15 - 14:15 Boxing Group Classes Studio Kadima Kabangu</p>
<p>18:00 - 19:00 Women's Strength Training (SGT) Functional Zone Esther Fischbach</p>	<p>18:00 - 19:00 Dance Group Classes Studio Jlms Auderghem</p>	<p>19:00 - 19:45 Healthy Back (SGT) Functional Zone Matteo Toully</p>	<p>19:15 - 20:15 Crosstraining Functional Zone David Todero</p>	<p>19:30 - 20:30 Boxing Group Classes Studio Kadima Kabangu</p>	<p>18:00 - 19:00 Moving Moms (SGT) Functional Zone Esther Fischbach</p>	
<p>19:00 - 19:45 Weight Loss (SGT) Functional Zone Kévin De Wachter</p>	<p>19:00 - 20:00 Crosstraining Functional Zone Julie Cooremans</p>				<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Matteo Toully</p>	
<p>19:15 - 20:15 Zumba® Group Classes Studio Aurelie Tuli</p>	<p>19:05 - 20:05 Pilates Group Classes Studio Aurore Martano</p>					
<p>20:00 - 21:00 Start To Workout (SGT) Fitness Floor Kévin De Wachter</p>	<p>20:05 - 21:05 Bachata Group Classes Studio Jlms Auderghem</p>					

MA, 17 MRT	DI, 18 MRT	WO, 19 MRT	DO, 20 MRT	VR, 21 MRT	ZA, 22 MRT	ZO, 23 MRT
<p>07:30 - 08:15 Core Functional Zone Guillaume Dussart</p>	<p>07:30 - 08:30 Yoga Group Classes Studio Maya Alvini</p>	<p>12:15 - 13:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Julie Cooremans</p>	<p>12:00 - 13:00 Moving Moms (SGT) Functional Zone Esther Fischbach</p>	<p>09:00 - 10:00 Yoga Group Classes Studio Floriana Palmieri</p>	<p>10:30 - 11:15 Core Functional Zone David Todero</p>	<p>10:00 - 11:00 Burn Functional Zone Julie Cooremans</p>
<p>12:00 - 13:00 Women's Strength Training (SGT) Jims Auderghem</p>	<p>12:15 - 13:15 Kick Group Classes Studio Nathalie Berrettoni</p>	<p>12:15 - 13:15 Women's Strength Training (SGT) Jims Auderghem</p>	<p>12:15 - 13:15 Start To Workout (SGT) Jims Auderghem</p>	<p>12:15 - 13:15 Animal Flow Functional Zone Stephan Giunta</p>	<p>10:30 - 11:30 Yoga Group Classes Studio Maya Alvini</p>	<p>11:05 - 12:05 Mobility (SGT) Group Classes Studio Julie Cooremans</p>
<p>12:15 - 13:00 Healthy Back (SGT) Functional Zone Weronika Wisniewska</p>	<p>17:15 - 18:00 Burn Functional Zone Guillaume Dussart</p>	<p>18:00 - 19:00 Women's Strength Training (SGT) Functional Zone Esther Fischbach</p>	<p>17:30 - 18:30 Kick Group Classes Studio Nathalie Berrettoni</p>	<p>12:15 - 13:15 Pilates Group Classes Studio Celine Senay</p>	<p>11:30 - 12:30 Crosstraining Functional Zone David Todero</p>	<p>12:10 - 13:10 Zumba® Group Classes Studio Aurelie Tuli</p>
<p>18:00 - 19:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Jims Auderghem</p>	<p>18:00 - 18:45 Core Functional Zone Julie Cooremans</p>	<p>18:00 - 19:00 Yoga Group Classes Studio Maya Alvini</p>	<p>18:00 - 18:45 Weight Loss (SGT) Functional Zone Kévin De Wachter</p>	<p>18:30 - 19:30 Animal Flow Group Classes Studio Stephan Giunta</p>	<p>12:10 - 13:10 Crosstraining Functional Zone David Todero</p>	<p>13:15 - 14:15 Boxing Group Classes Studio Kadima Kabangu</p>
<p>18:00 - 19:00 Women's Strength Training (SGT) Functional Zone Esther Fischbach</p>	<p>18:00 - 19:00 Dance Group Classes Studio Jims Auderghem</p>	<p>19:00 - 20:00 Dance Group Classes Studio Mouna Assoufi</p>	<p>19:15 - 20:15 Crosstraining Functional Zone David Todero</p>	<p>19:00 - 20:00 Weight Loss (SGT) Functional Zone Kévin De Wachter</p>	<p>19:00 - 19:45 Healthy Back (SGT) Functional Zone Matteo Touilly</p>	
<p>19:00 - 19:45 Weight Loss (SGT) Functional Zone Kévin De Wachter</p>	<p>18:00 - 19:00 Moving Moms (SGT) Functional Zone Esther Fischbach</p>	<p>19:00 - 20:00 Dance Group Classes Studio Mouna Assoufi</p>	<p>19:30 - 20:30 Boxing Group Classes Studio Kadima Kabangu</p>			
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