

MA, 20 JAN	DI, 21 JAN	WO, 22 JAN	DO, 23 JAN	VR, 24 JAN	ZA, 25 JAN	ZO, 26 JAN
<p>08:00 - 09:00 Men's Strength Training (SGT) Functional Zone</p>	<p>12:30 - 13:30 Crosstraining Functional Zone Natanael Pedro</p>	<p>10:00 - 11:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Jennifer Van Frausum</p>	<p>17:00 - 18:00 Mobility (SGT) Functional Zone</p>	<p>12:30 - 13:30 Yoga Group Classes Studio Niki Kyriacou</p>	<p>10:00 - 11:00 Les Mills Bodypump™ Group Classes Studio</p>	<p>10:00 - 11:00 Pilates</p>
<p>10:00 - 11:00 Yoga Group Classes Studio Niki Kyriacou</p>	<p>17:00 - 18:00 Step Group Classes Studio Arienes La Vega</p>	<p>12:30 - 13:30 Crosstraining Functional Zone Natanael Pedro</p>	<p>17:00 - 18:00 TAF Arienes La Vega</p>	<p>18:00 - 19:00 Yoga Natanael Pedro</p>	<p>11:00 - 12:00 Zumba® Group Classes Studio</p>	<p>11:00 - 12:00 Yoga</p>
<p>17:00 - 18:00 Les Mills Bodypump™ Group Classes Studio</p>	<p>17:00 - 18:00 Women's Strength Training (SGT) Functional Zone</p>	<p>17:00 - 18:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio</p>	<p>18:00 - 19:00 Calisthenics Jennifer Van Frausum</p>	<p>18:00 - 19:00 Crosstraining Functional Zone</p>		
<p>17:00 - 18:00 Start To Workout (SGT)</p>	<p>18:00 - 19:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Arienes La Vega</p>	<p>18:00 - 19:00 Les Mills Bodyattack™ Group Classes Studio</p>	<p>18:00 - 19:00 Men's Strength Training (SGT) Functional Zone</p>			
<p>17:30 - 18:30 Start To Run (SGT)</p>	<p>18:00 - 19:00 Start To Workout (SGT) Functional Zone</p>	<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor</p>	<p>18:00 - 19:00 Zumba® Group Classes Studio Amélie Gonzo</p>			
<p>18:00 - 19:00 Crosstraining Jennifer Van Frausum</p>	<p>19:00 - 20:00 Calisthenics Functional Zone</p>	<p>18:00 - 18:45 Weight Loss (SGT) Functional Zone</p>	<p>19:00 - 20:00 HIIT Group Classes Studio</p>			
<p>18:00 - 19:00 Les Mills Bodyattack™</p>	<p>19:00 - 20:00 Calisthenics Functional Zone</p>	<p>19:00 - 20:00 Crosstraining Functional Zone</p>				
<p>18:00 - 19:00 Women's Strength Training (SGT) Functional Zone</p>	<p>19:00 - 20:00 Mobility (SGT) Functional Zone</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio</p>				
<p>19:00 - 20:00 Zumba® Amélie Gonzo</p>	<p>19:00 - 20:00 Pilates Group Classes Studio Natanael Pedro</p>	<p>19:00 - 20:00 Mobility (SGT) Functional Zone</p>				

MA, 27 JAN	DI, 28 JAN	WO, 29 JAN	DO, 30 JAN	VR, 31 JAN	ZA, 01 FEB	ZO, 02 FEB
<p>08:00 - 09:00 Men's Strength Training (SGT) Functional Zone</p>	<p>12:30 - 13:30 Crosstraining Functional Zone Natanael Pedro</p>	<p>10:00 - 11:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Jennifer Van Frausum</p>	<p>17:00 - 18:00 Mobility (SGT) Functional Zone</p>	<p>12:30 - 13:30 Yoga Group Classes Studio Niki Kyriacou</p>	<p>10:00 - 11:00 Les Mills Bodypump™ Group Classes Studio</p>	<p>10:00 - 11:00 Pilates</p>
<p>10:00 - 11:00 Yoga Group Classes Studio Niki Kyriacou</p>	<p>17:00 - 18:00 Step Group Classes Studio Arienes La Vega</p>	<p>12:30 - 13:30 Crosstraining Functional Zone Natanael Pedro</p>	<p>17:00 - 18:00 TAF Arienes La Vega</p>	<p>18:00 - 19:00 Yoga Natanael Pedro</p>	<p>11:00 - 12:00 Zumba® Group Classes Studio</p>	<p>11:00 - 12:00 Yoga</p>
<p>17:00 - 18:00 Les Mills Bodypump™ Group Classes Studio</p>	<p>17:00 - 18:00 Women's Strength Training (SGT) Functional Zone</p>	<p>17:00 - 18:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio</p>	<p>18:00 - 19:00 Calisthenics Jennifer Van Frausum</p>	<p>18:00 - 19:00 Men's Strength Training (SGT) Functional Zone</p>		
<p>17:00 - 18:00 Start To Workout (SGT)</p>	<p>18:00 - 19:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Arienes La Vega</p>	<p>18:00 - 19:00 Les Mills Bodyattack™ Group Classes Studio</p>	<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor</p>	<p>18:00 - 19:00 Zumba® Group Classes Studio Amélie Gonzo</p>		
<p>17:30 - 18:30 Start To Run (SGT)</p>	<p>18:00 - 19:00 Start To Workout (SGT) Functional Zone</p>	<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor</p>	<p>18:00 - 18:45 Weight Loss (SGT) Functional Zone</p>	<p>19:00 - 20:00 HIIT Group Classes Studio</p>		
<p>18:00 - 19:00 Crosstraining Jennifer Van Frausum</p>	<p>19:00 - 20:00 Calisthenics Functional Zone</p>	<p>19:00 - 20:00 Crosstraining Functional Zone</p>	<p>19:00 - 20:00 Crosstraining Functional Zone</p>			
<p>18:00 - 19:00 Les Mills Bodyattack™</p>	<p>19:00 - 20:00 Mobility (SGT) Functional Zone</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio</p>	<p>19:00 - 20:00 Mobility (SGT) Functional Zone</p>			
<p>18:00 - 19:00 Women's Strength Training (SGT) Functional Zone</p>	<p>19:00 - 20:00 Pilates Group Classes Studio Natanael Pedro</p>					
<p>19:00 - 20:00 Zumba® Amélie Gonzo</p>						